

**Open Up to Your Soul's Purpose
By Claiming Your Unique Brilliance**

Catherine Ann Clemett

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By Catherine Ann Clemett

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We all have a soul purpose that we have come into this life with. Some of us already know what that is and are living it in our daily lives. Others are aware on a deep subconscious level that they have a soul purpose, but have no conscious idea what that is or how to start living it. One way to begin to open up to discovering what that is realize we each have our own individual unique brilliance. When we can identify, embrace, and claim that unique brilliance of ours, it helps us begin to understand how we can be of service. This then help us to distill and recognize our soul's purpose.

Every one of you is born with a unique brilliance. It is just part of your divine gift that is so naturally a part of you, that you don't even think twice about it or oftentimes aren't even aware of it. It is a particular lens through which you express just by being you. Even though others; your family, friends, co-workers and even strangers may be subconsciously aware of this quality or characteristic you embody, you may be the last one to know that you carry or manifest this particular quality.

It can be summarized as some action statement rather than just a state of being. When you gain the clarity on what it is at the core, it may seem like a simple statement to your mind. But it can be profound for others and for yourself when you recognize it and claim it. A few examples of these simple statements are:



I love.

I inspire.

I facilitate.

I amuse.

I heal.

I uplift.

I spark curiosity.

I provide calmness.

I instill peace.



Mine unique brilliance is: I catalyze awakening. It seems in my conversations, or just being around people, often some kind of expansion, insight, or awareness unfolds. Although I prefer this to be a positive experience, sometimes I've been aware that I may make some people uncomfortable. This is because awareness of whatever is in their space is often heightened. This may be something which may be a positive thing or a frequency which is negative or limiting. It doesn't necessarily mean only the positive things will be amplified. I've had to become aware of this and not take things so personally if they react to me or blame me for whatever it is. Of course, I always look to see if it is something I am doing for which I need to take responsibility.

Once you get clear on your unique brilliance it is interesting to become aware of how, most probably, you've unconsciously used that lens. Bringing it in to more conscious awareness can open you up to seeing how you impact other people and how you can consciously expand your gift. Notice how your particular lens shows up with different people and in different situations. I had a boyfriend once whose unique brilliance was that he could walk into a room of people where there was some tension in the air, or seriousness in the space, and he would find just the right humorous remark to change the state in the room getting everyone to laugh and relax. It was so natural for him to do that, he barely was even aware of it, or recognized it as his unique gift.



So, take a moment and close your eyes, drop down into your heart space and just ask yourself, what is my unique gift? If it doesn't come to you right away, think back to things family or friends have said to you. It could be that you're a good listener, or problem solver. Maybe it's that you are kind or always care about others. Maybe it's that you're innovative or a rebel. Even if what others have said to you might not be 'it' exactly, their comments might provide you clues. Keep trying on different phrases until you feel the right one which will sort of go 'clunk' and just drop in - going all the way through to your core. It will feel 'right'. Then you become more conscious that this is the signal that you are putting out, particularly when you are most authentically being yourself.

This awareness and claiming of your unique brilliance are entry steps to understanding the light that you are and to accessing more clearly your soul's divine purpose and mission. All of you who are awakening are a light to the world. Some of you have just kept it tucked away and hidden from yourself and others. When you've felt safe enough, perhaps you've allowed a small little beam to occasionally shine forth out to your friends, co-workers, or family through your unique brilliance. For some of you, however, it's never really been safe enough to shine your light and really show who you are to your family, or to anybody, for that matter. Nevertheless, your light is there.

Whether you believe or doubt that this is true, your light is the divine core of who you are. It is always there. It can never go away. Its essence and magnificence can never be diminished nor destroyed. The only thing you can do to it, which you have probably done for eons, is to cover it up. You've covered it up to keep it safe and to keep you safe. You've protected it - for deep in your soul you knew how sacred it was and how sacred you are. It is your most precious gift.



Some of you may fear that your divine light is not there, or you've been conditioned that you are not worthy to have it. Nothing is farther from the truth. Your divine light is as much a part of your body and being as is your physical heart. If your physical heart were not beating, you would cease to live in your physical embodiment. Likewise, if your divine light was not present at your core, you would not exist as an ongoing soul/spirit in the universe. Your divine light is your connection to all that is. It exists in complete expansion and love. It can't be altered by judgment, hate, war, pestilence, death, dissension, assault or any negative emotions or actions.



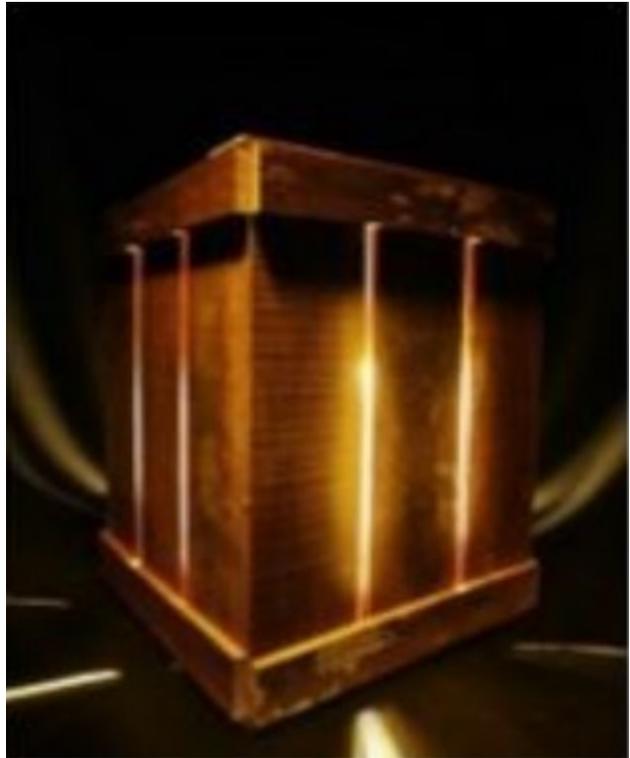
Only the parts of you in this third-dimension; the mental, emotional and physical aspects of you serving as the container or conduit of this light, can be affected by these things. The negative emotions and behaviors are the things, which, in fearing for your safety, have caused you to cover up your light. You've taken negative thoughts - worry, concern, and doubt into your mental body clouding your thought processes.

You've held on to negative emotions - sadness, anger, grief, disappointment, betrayal, and rage feeling you are at the mercy of the world around you. Rather than letting these emotions flow through you, you've allowed (on an unconscious level) these negative states of lower frequency energies to lodge and become encrusted patterns in your subtle bodies or your physical body, causing discomfort, pain and disease. Yet despite it all, your light is still there unblemished.

Your light is waiting to be uncovered and rediscovered by you. Oftentimes others can see your light, your value, and feel your impact way more than you are able to see for yourself. Just as everyone has a unique brilliance, everyone with a soul has within them this divine light. You each have a universal signature as well, unique to you. It is the lens through which your divine light just happens to sneak out here and there through your natural grace and way of being, that is your unique brilliance when you are most being you.

Most of you today that are walking the path of awakening and ascension, have started the process of uncovering, rediscovering and sharing your light. As you begin to acknowledge, claim and own your light more and more, in your being, in your bodies, and in your daily lives; your divine mission and path of service starts coming into more clarity and focus.

You are here on an awakening path because you've been called by your soul to contribute your light and your unique brilliance to make a difference, at this time, in the world now. With the shift and acceleration of consciousness that is currently happening on the planet, more of you are being called to step up and figure out what it is that you are being prompted to do to be of greater service. Even though in your mind and heart you may not feel ready, or you may feel that you've not been adequately prepared, your soul would not be giving you the impetus to move forward if, at a deep level, you truly weren't prepared.



You have been in preparation for eons. What is needed now is the willingness to move forward, taking one step at a time. Moving forward happens when you can listen deeply within to your intuition and your inner guidance. The direction, from within, lets you know how to proceed and opens you up to be tweaked and tuned so you can discover your purpose and can carry forth your spiritual mission, being the 'light to the world' you came here to be.

We are also being led to come together with one another, with others in our soul group of like-minded spirit. We all hold pieces for each other and can support and inspire one another.



Each of us, through our unique brilliance and the light at our core, is a thread which is weaving the tapestry of light of the larger cosmic plan. We were privy to this plan before we embarked on this, our present physical life. Now we are being asked to remember our intention for this life, our path and our chosen destiny. We are here to help one another awaken, remember, and to carry forth each of our threads of the cosmic tapestry, our seeds of light, into fruition.

So even though finding your unique brilliance may seem like a simplistic thing, pause for a moment and consider what your unique brilliance may be. View it as a field of energy. Say for instance you feel your unique brilliance is, 'I heal'.



Throughout your day, just be aware of all the people, situations, and occurrences that are distressed, in dis-ease, or out of harmony or alignment. You just happen to come by with the natural innate unique brilliance of ‘I heal’.

You, just by being and by passing through another’s energy field, are bringing the energy of ‘healing’ to whoever, or whatever, you encounter without ‘doing’ anything. Others receive ‘healing’ just by being in your presence. Of course, if ‘I heal’ is your unique brilliance, this could be further amplified or focused through different healing modalities or a practice you may have developed. As you become clear on your unique brilliance, see if, or how, it has affected what you are passionate about or the choices you’ve made in your life.

For many of you, you may begin to recognize how it has been an unconscious driving force in your life. Mostly just becoming clear on what your unique brilliance is, can open up much greater awareness for you on your impact on the world and the people around you. Consciously claiming your unique brilliance can be a door to further expansion, insight, and growth within yourself as well as clarity coming forth as to what your soul’s purpose is. Your soul’s purpose is an extension and expression of your unique brilliance.

Give gratitude to yourself for being the carrier of such a unique brilliance. Go forth and share it more fully with the world. The world has been waiting for you. The cosmic tapestry, the “Weave of Light” would not be complete without you.

Namaste,

Catherine Ann Clemett

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Catherine Ann Clemett Brief Biography

Hay House author Catherine Ann Clemett's focus is to assist humanity to awaken. Through her books and work, she helps both women and men open their hearts

and reconnect with their innate Divine Feminine aspect of the interconnectedness with all life. She is an award-winning author and has facilitated workshops and tours throughout the United States, Europe, Australia, New Zealand and the Middle East. She also appears in the award-winning documentary film *New Human, New Earth, New Humanity* available on Vimeo.

Frequency Raising

"Claim Your Unique Brilliance" is part of a larger body of work which encompasses us individually and collectively in raising our frequency. In this way we can finally free ourselves from the negative influences and conditioning in our lives which have held us back. When we raise our frequency, we become more aligned with God, with Source, with our Higher Selves and with the evolution of our soul. We then can more effectively open to our higher guidance, solutions for creating the New Earth and for healing ourselves and our planet. Get more information about this below:

www.frequencyraising.com

I am also launching my new book, "Raising My Frequency: A Spiritual Journey Awakening to the More of Life" on Wednesday, November 16, 2022. Below is a synopsis of the book. Pre-sales of the book and eventually sales of the book on Barnes and Noble and Amazon are available through the website below:

www.raising-my-frequency.com

About *Raising My Frequency: A Spiritual Journey Awakening to the More of Life*



Hay House author Catherine Ann Clemett's focus is to assist humanity to awaken. Through her books and work she helps both women and men open their hearts and reconnect with their innate Divine Feminine aspect of interconnectedness with all life. She's facilitated workshops and tours throughout the United States, Europe, Australia, New Zealand and the Middle East. She also appears in the award-winning documentary film *New Human, New Earth, New Humanity*.

Raising My Frequency is an autobiographical journey of awakening. Instead of deliberately seeking a spiritual journey, the journey "found" her. Setting out to experience the "More" of life, Catherine Ann Clemett shares her ever-expanding understanding and integration of who she is as a spiritual being.

Full of bizarre and almost unbelievable moments of synchronicity, her journey is analogous to the "flying by the seat of his pants" adventures of Indiana Jones in his quest for the Holy Grail. Synchronicity escalated for her after she had a personal encounter and interaction with the Master St. Germain in his physical body. Awakening occurred as she emerged from a dysfunctional childhood into an extraordinarily "crazy" spiritual journey led from beyond the veil.

She openly shares life lessons gained from being in a cult for eight years. Along with facing and overcoming several life-threatening situations which enabled her to develop greater self-confidence in her own inner authority, a wondrous life beyond her wildest imaginings unfolded. In addition to being an award-winning author of many books, she is now an international speaker, a spiritual teacher, and a tour leader. She overcame her "small self-identity" enough to anchor and expand the light necessary to accomplish her soul's purpose. Here she shares the agony and the ecstasy of raising her frequency. This is the initiate's journey of awakening to the "More" of life all of us are being invited to experience now.

"Catherine Ann Clemett gives the Christ-Magdalene energies a voice for this time of inner and outer chaotic change. Reading these pages may catalyze you to discover your own intrinsic, liberating wisdom. This may help you trust the familiar inner knowing that intuitively knows how to fearlessly embrace every opposing, resistive obstacle to being the love you already are. This is the way of the Christ-Magdalene."

—Claire Heartsong, author of *Anna, Grandmother of Jesus*

"Catherine Ann, I have to say you have connected to the heart of humanity in your adventures, yet gentle, amazing book. It is like you are reading the minds of people who are awakening to spirit and letting them know they are NOT alone. Thank you so much. You can certainly RAISE the frequency with a little nudge of the heart."

Marilyn Harper, channel for Adironda & Company

"It's a book about 'opening up' to the larger aspects of ourselves—of living life to the fullest even when things look bleak. Digging down....to dig out. What a wonderful trip through her incredible life!"

Lee Kalcheim, Playwright, author of *Father Knows Less*

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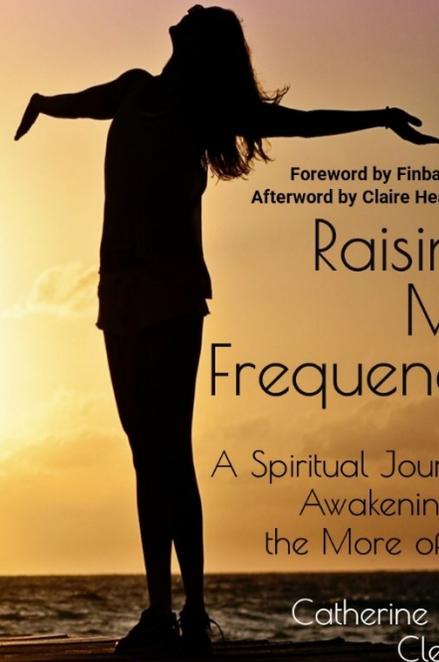
Raising My Frequency

Catherine Ann Clemett

LightRiver Media

Raising My Frequency is the quintessential hero's journey back to God and Source. Beautifully written... a field manual for what must be done day-to-day to bring heaven to Earth.

Christiane Northrup, MD, New York Times bestselling author



Foreword by Finbarr Ross
Afterword by Claire Heartsong

Raising My Frequency

A Spiritual Journey
Awakening to
the More of Life

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