

An Anna Trip to Egypt Tour itinerary – 19 Days

11 November – 1 December 2026



Wednesday, 11 November 2026 – DAY 00 – Arrival in CAIRO

International arrivals will take place throughout today and tomorrow, with private transfers arranged from the airport to the hotel. Upon arrival, Pilgrims can rest and take time to acclimatize after their journey. For those who arrive early and wish to socialize, we will walk to dinner at the Abu Tarek restaurant on Sharia Champollion (own expense) to taste the unofficial national dish called kushari. If the barriers have been removed, afterwards we can take a stroll along the banks of the Nile River.

Accommodation: Steigenberger Hotel El Tahrir Cairo.

<https://hrewards.com/en/steigenberger-hotel-el-tahrir-cairo>

Thursday, 12 November 2026 – DAY 0 – CAIRO

Highlights and sites to visit for the day: Optional Tour at 9.00am – walk to the Egyptian Museum across the road from our hotel, with magnificent displays of Egyptian artefacts. After lunch we take a bus to the National Museum of Egyptian Civilisation (NMEC) which attempts to encompass the entire sweep of Egyptian heritage under one roof including the famous Royal Mummies Hall. This features Seti 1 with his black smooth skin and Ramses 11 with his grey hair tinged with henna.

Meal: Breakfast

Accommodation: Steigenberger Hotel El Tahrir Cairo.

<https://hrewards.com/en/steigenberger-hotel-el-tahrir-cairo>

Friday, 13 November 2026 – DAY 1 – CAIRO

Highlights and sites to visit for the day: 10:00am visit to one of Cairo's vibrant markets, the famous Khan El-Khalili, followed by a welcome lunch with introductions and an **Opening Talk by Catherine Ann Clemett**. In the evening, the group will enjoy a relaxing Nile River dinner cruise, accompanied by traditional music and dance. Dress to Impress!!!!

Meal: Breakfast and dinner

Accommodation: Steigenberger Hotel El Tahrir Cairo.

<https://hrewards.com/en/steigenberger-hotel-el-tahrir-cairo>

Saturday, 14 November 2026 – DAY 2 – CAIRO

Highlights and sites to visit for the day: An enriching exploration of Coptic Cairo, visiting some of the oldest churches in the city that reflect Cairo's deep Christian heritage, The Church of St Barbara, The Church of St Sergius & Bacchus and the Greek Orthodox Church of St George. We will also see the Hanging Church, the Coptic Museum and the Ben Ezra Synagogue. The tour continues to the historic Citadel of Saladin, an iconic medieval fortress offering panoramic views of the city. Within its walls, we will visit the magnificent Alabaster Mosque of Muhammad Ali, an architectural gem and one of Cairo's most impressive landmarks. This day tour provides a fascinating insight into the city's religious, cultural, and architectural history.

Meal: Breakfast and dinner

Accommodation: Steigenberger Hotel El Tahrir Cairo.

<https://hrewards.com/en/steigenberger-hotel-el-tahrir-cairo>

Sunday, 15 November 2026 – DAY 3 – CAIRO

Highlights and sites to visit for the day: A full-day workshop with Catherine Ann entitled “*Seeding the Light*”.

At lunchtime, Pilgrims will check out and place bags in the lobby. After the workshop concludes, the group will transfer to a new hotel located close to the pyramids, ensuring convenient access for the next stage of the journey. Dinner on a rooftop restaurant with glorious views of the Pyramids.

Meal: Breakfast, lunch and dinner.

Accommodation: Steigenberger Hotel Pyramids Cairo.

<https://hrewards.com/en/steigenberger-pyramids-cairo>

Monday, 16 November 2026 – DAY 4 – CAIRO – PYRAMIDS

Highlights and sites to visit for the day: The day begins with a special sunrise visit to the Pyramids, allowing Pilgrims to experience this iconic site in the peaceful early morning light. The visit includes exclusive private access to the King’s Chamber, offering a rare and intimate opportunity to reflect within this ancient sacred space. *Special Initiation inside the Chamber* conducted by Catherine Ann Clemett. Later there will be a direct access visit to the Sphinx with a photo opportunity between her paws. There will also be time for camel and horse rides for those who wish. (own expense). Home in the middle afternoon for rest and shopping.

Meal: Breakfast and dinner.

Accommodation: Steigenberger Hotel Pyramids Cairo.

<https://hrewards.com/en/steigenberger-pyramids-cairo>

Tuesday, 17 November 2026 – DAY 5 – CAIRO – PYRAMIDS

Highlights and sites to visit for the day: It’s an early start to include a visit to the Saqqara Pyramids featuring the Step Pyramid, one of Egypt’s oldest and most significant architectural achievements, followed by a tour of the ancient capital of Memphis. We will see the Mit Rahina open-air museum houses and remnants of colossal statues, sphinxes and temples, notably the Colossus of Ramses 11 and the Alabaster Sphinx. Also, we visit the necropolis featuring the Step Pyramid of Zoser. Memphis and the necropolis were collectively added to the UNESCO World Heritage List in 1979.

After lunch we travel to the Early Christian Heritage area of Wadi Natrun where there are four Monasteries. We experience a tour led by a local Monk who will take us to areas we wouldn’t be able to access otherwise. Included is Deir Abu Makar (St. Macarius Monastery) famous as the Monastery where most Coptic popes have hailed from. In the nave, we peer through a trapdoor into the crypt where the Monks found relics claimed to be of St. John the Baptist.

We are looking forward to asking the Monks if they know of any Essenes and Magdalene’s in the area.

Distance to Travel 260 kms

Meal: Breakfast and dinner.

Accommodation: Steigenberger Hotel Pyramids Cairo.

<https://hrewards.com/en/steigenberger-pyramids-cairo>

Wednesday, 18 November 2026 – DAY 6 – CAIRO → ALEXANDRIA

Highlights and sites to visit for the day: The day begins with an 8:00am guided tour of the Grand Egyptian Museum (GEM), showcasing Egypt's rich archaeological treasures including the Treasures of King Tut. Following the 4-hour visit, Pilgrims will check out of the hotel and bring bags to the lobby, then enjoy lunch.

In the afternoon, the group will travel by bus to Alexandria, stopping en route at Lake Mariout, traditionally regarded as the birthplace of Sar'h, Yeshua's daughter. Upon arrival in Alexandria, there will be a sunset visit to the Citadel of Qaitbay, with stunning views of the Mediterranean Sea. This is an incredible 15th-century fortress built on the site of the ancient Lighthouse of Alexandria, one of the Seven Wonders of the Ancient World. Pilgrims will then travel to the hotel for check in and dinner.

Distance to Travel 230 kms

Meal: Breakfast and dinner.

Accommodation: Steigenberger Cecil Alexandria.

<https://hrewards.com/en/steigenberger-cecil-hotel-alexandria>

Thursday, 19 November 2026 – DAY 7 – ALEXANDRIA – CAIRO

Highlights and sites to visit for the day: Bags to Lobby then an early breakfast, followed by a private tour of the Catacombs of Kom El Shoqafa, one of Alexandria's most fascinating archaeological sites. Grandmother Anna and many of the Essenes and Magdalene's are said to have spent a lot of time in this underground world.

We then stroll along the Corniche to enjoy lunch and a visit to the modern Library of Alexandria, a tribute to the ancient world's greatest repository of knowledge. In the afternoon, the group will drive back to Cairo to check in to our hotel.

Distance to Travel 230 kms

Meal: Breakfast and dinner.

Accommodation: Concorde El Salam Cairo Hotel.

<https://concordeelsalam.com-cairo.com>

Friday, 20 November 2026 – DAY 8 – FLY TO ASWAN – ABU SIMBEL (EMBARK ON THE UPPER NILE RIVER CRUISE)

Highlights and sites to visit for the day: Bags to Lobby and after breakfast, we will fly to Aswan and travel by private bus to Abu Simbel, a scenic three-hour journey with opportunities to enjoy the desert landscape and brief stops along the way. Upon arrival around noon, Pilgrims check on to the cruise boat and enjoy lunch on board.

In the afternoon, we visit the awe-inspiring Abu Simbel Temples, masterpieces carved into the rock by Pharaoh Ramesses II and later relocated in the 1960s to protect them from the rising waters of Lake Nasser. After the visit, Pilgrims can relax with afternoon tea on deck.

In the evening, there is the option to attend the captivating Sound and Light Show at Abu Simbel, a beautifully staged presentation that brings the history and spirit of this ancient site to life. Dinner and overnight on board.

Distance to Travel 290 kms

Meal: Breakfast, lunch and dinner.

Accommodation: Movenpick Prince Abbas Lake Cruise.

<https://movenpick.accor.com/en/africa/egypt/nilecruisers/cruise-prince-abbas.html>

Saturday, 21 November 2026 – DAY 9 – SAIL TO KASR IBRIM - VISIT AMADA - SAIL TO WADI EI SEBOUA

Highlights and sites to visit for the day: Breakfast is served on board as the cruise sails early to Kasr Ibrim, where Pilgrims can view the ancient citadel from the sundeck. Once a powerful city high above the Nile, Kasr Ibrim now appears as an island due to the Aswan High Dam. After lunch on board, the afternoon is spent visiting key sites along Lake Nasser.

Pilgrims will explore the Temple of Amada, built by Pharaoh Thutmose III and expanded by his successors; the Temple of Derr, a beautiful rock-cut temple built by Ramesses II; and the Tomb of Pennut, a rare Viceroy's tomb that was relocated to save it from flooding. After returning to the cruise, Pilgrims will enjoy a cocktail party followed by a vibrant Nubian show. Dinner and overnight on board.

Meal: Breakfast, lunch and dinner.

Accommodation: Movenpick Prince Abbas Lake Cruise.

<https://movenpick.accor.com/en/africa/egypt/nilecruisers/cruise-prince-abbas.html>

Sunday, 22 November 2026 – DAY 10 – VISIT WADI EI SEBOUA TEMPLE - SAIL TO ASWAN

Highlights and sites to visit for the day: Breakfast is served on board before an early morning visit to Wadi El Seboua, home to a collection of fascinating ancient temples relocated from their original sites after the construction of the Aswan High Dam. Highlights include the famous "Valley of the Lions," a sphinx-lined avenue leading to the temple built by Amenhotep III, as well as the Temple of Dakka and the Temple of Maharraqua. Lunch on the cruise and sail to Aswan. Dinner will be on the cruise and overnight Aswan.

Meal: Breakfast, lunch and dinner.

Accommodation: Movenpick Prince Abbas Lake Cruise.

<https://movenpick.accor.com/en/africa/egypt/nilecruisers/cruise-prince-abbas.html>

Monday, 23 November 2026 – DAY 11 – DISEMBARK FROM THE LAKE NASSER CRUISE AND TRANSFER TO THE LOWER NILE CRUISE SHIP IN ASWAN

Teaching by Catherine Ann

Root Chakra, Coccyx – Temple of Isis at Philae

Focus: Birth, death, resurrection; Divine Feminine embodiment

Initiation: Grounding into Earth wisdom, soul contracts, and the bloodline of the Mother.

Symbolism: The womb and tomb, foundation of sacred embodiment

Anna's Path: She is said to have undergone deep healing and cellular remembrance here.

Highlights and sites to visit for the day: After breakfast, guests will visit the impressive Temple of Kalabsha, relocated after the construction of the Aswan High Dam and blending Egyptian and Roman influences, with imagery of emperors and pharaohs worshipping alongside Egyptian gods. Dedicated to the Nubian god Mandulis, Kalabsha is a striking example of cross-cultural artistry.

After the visit, guests will check out from their Lake Nasser cruise and transfer to their Nile cruise ship in Aswan, checking in before lunch. Following lunch on board, the afternoon is dedicated to exploring Aswan's highlights: the High Dam, the beautiful Temple of Philae—dedicated to Isis—and the Unfinished Obelisk. The evening is free for leisure in Aswan, with dinner and overnight on board.

Meal: Breakfast, lunch and dinner.

Accommodation: Steigenberger Minerva Nile Cruise.

<https://hrewards.com/en/steigenberger-hotels-resorts/nile-cruises>

Tuesday, 24 November 2026 – DAY 12 – KOM OMBO – EDFU

Teaching by Catherine Ann

Sacral Chakra, Sacrum – Temple of Sobek and Horus at Kom Ombo

Focus: Duality, polarity integration, masculine and feminine harmonization.

Initiation: Healing emotional wounding, sexual purification, reclaiming creative power.

Symbolism: Crocodile and falcon (Sobel and Horus) show the dance of instinct and spirit.

Highlights and sites to visit for the day: Breakfast will be served on board before visiting the impressive Temple of Kom Ombo, dedicated to the gods Sobek and Haroeris.

Teaching by Catherine Ann

Solar Plexus Chakra, Lumbar Spine – Temple of Horus at Edfu

Focus: Empowerment, right use of will, sacred warrior path.

Initiation: Triumph of light over shadow; reclaiming one's solar authority.

Symbolism: Horus' revenge against Set—alchemy of personal power and justice.

Pilgrims then return to the ship for lunch on the sun deck while enjoying views of the Nile. In the afternoon, a traditional chariot ride takes guests to the well-preserved Temple of Horus at Edfu, one of Egypt's finest ancient monuments. After returning to the ship, there is time to relax before dinner is served.

Meal: Breakfast, lunch and dinner.

Accommodation: Steigenberger Minerva Nile Cruise.

<https://hrewards.com/en/steigenberger-hotels-resorts/nile-cruises>

Wednesday, 25 November 2026 – DAY 13 – LUXOR WEST BANK – LUXOR

Teaching by Catherine Ann

Heart Chakra, Thoracic Spine – Temple of Man at Luxor

Focus: Heart-centered wisdom, divine union, resurrection codes.

Initiation: Activation of Christ/Magdalene heart, compassion, balance.

Symbolism: The layout of the temple mirrors the **human body**, especially the **heart**.

Esoteric Lineage: Anna, Yeshua, and Magdalene are said to have walked this corridor.

Highlights and sites to visit for the day: Breakfast will be served on board before guests set out to explore Thebes, the sacred land, starting with Luxor's West Bank. The morning includes visits to the Valley of the Kings, the royal burial ground of the pharaohs; the magnificent Temple of Queen Hatshepsut at Deir El Bahari, beautifully carved into the cliffs; and the iconic Colossi of Memnon. After returning to the ship for lunch, the afternoon is free at leisure. Dinner and overnight on board.

Meal: Breakfast, lunch and dinner.

Accommodation: Steigenberger Minerva Nile Cruise.

<https://hrewards.com/en/steigenberger-hotels-resorts/nile-cruises>

Thursday, 26 November 2026 – DAY 14 – LUXOR EAST BANK – LUXOR

Teaching by Catherine Ann

Throat Chakra Cervical Spine – Temple of Amun-Ra at Karnak

Focus: Divine expression, sound codes, sacred naming, breath.

Initiation: Voice of truth; speaking creation into being.

Symbolism: Columns act like vocal cords, breath echoes between the halls.

Rituals: Chanting and resonance transmission for awakening star memory.

Highlights and sites to visit for the day: After breakfast and check-out at 8:00am from our cruise boat, we will explore Luxor's East Bank, beginning with the vast Karnak Temple Complex, the largest religious site ever constructed. The tour continues at Luxor Temple, begun by a king of the 12th Dynasty and completed by Ramses II. After the tour, we will check-in to our hotel in Luxor.

Distance to travel: 20 kms

Meal: Breakfast and dinner.

Accommodation: Steigenberger Nile Palace Hotel.

<https://hrewards.com/en/steigenberger-nile-palace-luxor>

Friday, 27 November 2026 – DAY 15 – LUXOR – ABYDOS

Teaching by Catherine Ann

Third Eye Chakra, Medulla – Temple of Osiris at Abydos

Focus: Vision, deathless awareness, assessing the Halls of Amenti.

Initiation: Pineal gland activation; interdimensional sight; DNA remembrance.

Symbolism: Osirian resurrection, seeing beyond time.

Anna's Journey: Deep light body reassembly and ancestral awakening occurred here.

Highlights and sites to visit for the day: After breakfast, guests will drive approximately three hours by bus to Abydos, home to one of Egypt's most extraordinary temples. The Temple of Seti I, dedicated to Osiris, was an important pilgrimage site in ancient times, where worshippers brought offerings seeking blessings from the beloved god of the afterlife. The visit also includes the Osireion, a mysterious subterranean structure behind the main temple.

Distance to Travel 390 kms

Meal: Breakfast and dinner.

Accommodation: Steigenberger Nile Palace Hotel.

<https://hrewards.com/en/steigenberger-nile-palace-luxor>

Saturday, 28 November 2026 – DAY 16 – LUXOR – DENDERA

Teaching by Catherine Ann

Crown Chakra, Crown of Head – Temple of Hathor at Dendera

Focus: Bliss, frequency, joy, celestial music, divine birth

Initiation: Cosmic ascension, merging with the Oversoul.

Symbolism: The **Dendera Zodiac**, music chambers and birthing temple honor star lineage and the Great Mother.

Hathor's Gift: Lifting the initiate into Christed light through sound and divine ecstasy

Highlights and sites to visit for the day: After breakfast, Pilgrims will drive to Qena and, following lunch, visit the remarkable Dendera Temple, dedicated to Hathor, the goddess of love and joy. This beautifully preserved temple features the famous circular zodiac ceiling and hidden crypts adorned with enigmatic imagery. In ancient times, Dendera was regarded as a center of higher learning and is sometimes described as an ancient Stargate, a sacred site that continues to inspire awe today. After exploring Dendera Temple, we will return to Luxor for the evening.

Distance to Travel 120 kms

Meal: Breakfast and dinner.

Accommodation: Steigenberger Nile Palace Hotel.

<https://hrewards.com/en/steigenberger-nile-palace-luxor>

Sunday, 29 November 2026 – DAY 17 – LUXOR

Teaching by Catherine Ann

Summary: Nile as the Cosmic Spine

The Nile River = Sushumna Nadi (central energy channel)

Each **temple = chakra, vertebra**, ascending toward divine remembrance.

Initiates (Like Anna, Yeshua, Magdalene) **travelled temple-by-temple**, undergoing death-rebirth sequences to anchor higher consciousness into form.

The Journey is **both physical and etheric** – unfolding as multidimensional rites of passage.

Highlights and sites to visit for the day: The day offers a relaxed and scenic experience with a private felucca boat trip along the Nile, providing time to reflect and take in the timeless landscape from the water. In the evening, the journey concludes with a special Completion Dinner, celebrating the memories and connections made throughout the tour.

Meal: Breakfast and dinner.

Accommodation: Steigenberger Nile Palace Hotel or similar.

<https://hrewards.com/en/steigenberger-nile-palace-luxor>

Monday, 30 November 2026 – DAY 18 – FLY TO CAIRO

Highlights and sites to visit for the day: Bags to Lobby. In the morning, Pilgrims will take a domestic flight to Cairo. Upon arrival we will check in to a hotel near the airport for an overnight

stay. Pilgrims have the option if they wish to stay at the airport and catch a connecting flight home. The afternoon is free at leisure for rest or an uber to anywhere!!!

Meal: Breakfast and dinner.

Accommodation: Concorde El Salam Cairo Hotel.

<https://concordeelsalam.com-cairo.com>

Tuesday, 1 December 2026 – Day 19 – CAIRO – DEPARTURES

Highlights and sites to visit for the day: After breakfast, Pilgrims will transfer to the airport for their departures home, marking the end of the journey. Thank you everyone – what a trip!!!

Meal: Breakfast.

Rate for a Small Group Tour in 2026

- **The rate per person in a double room is \$6,890 USD.**
- **The single supplement for solo travellers is \$1,990 USD.**

Included

- Domestic flight from Cairo to Aswan.
- Domestic flight from Luxor to Cairo.
- Accommodation as per itinerary.
- Evening Cruise on the Nile River.
- Light and Sound Show at Abu Simbel
- Private licensed tour guide.
- Private touring car.
- Entrance fees per itinerary.
- Meals: 20 breakfasts, 7 lunch, 18 dinners.
- Private airport transfers.
- Local taxes, fees and handling charges.
- No hidden cost.

Excluded

- Egypt has a very strong culture of Baksheesh. Everyone expects to get tipped!!!! We pay the guides, guards and security for early morning and private access to all the sites and temples, also the Concierges at each hotel. We ask that you bring US\$200 cash per person in small bills (one-time payment collected at beginning of tour).
- Voluntary Gratuities for the key people of the tour shared at the Completion Dinner.
- Camel and horse rides at the Pyramids.
- Beverages.